

Erasmus MC Foundation

Erasmus



Sportblessures

SPORTHOPAEDIE

CONGRES

2024



12 februari
2024
Rotterdam Ahoy



- 09.00 **Registration & Coffee**
- 09.30 Opening & Welcome
Tom van 't Hek, host
- 09.35 *The importance of being a mover*
Denise Eygenaal, orthopedisch chirurg Erasmus MC Rotterdam
- 10.00 *Professional Performance enhancing training*
Tim Janssen & Jan Müller, fysiotherapeut Feyenoord Rotterdam
- 10.25 *MSK ultrasound, to see or not to see*
Bas Maresch, radioloog Sports Valley Ede
Jacco Spermon, radioloog Sports Valley Ede
- 10.50 *Tendinopathy - is it all overuse?*
Robert-Jan de Vos, sportarts Erasmus MC
- 11.15 Intermission for coffee & tea**
- 11.45 *Osteochondritis Dissecans, fix it before you can run!*
Tom Piscaer, orthopedisch chirurg Erasmus MC
- 12.10 *The perfect Anterior Cruciate Ligament Reconstruction*
Jacco Zijl, orthopedisch chirurg Orthoparc
Duncan Meuffels, orthopedisch chirurg Erasmus MC

- 12.35 *Leg muscle injuries, what do we need to know more?*
Guus Reurink, sportarts OLVG Amsterdam / AJAX
- 13.00 **Lunch Break**
- 14.00 *Emergency medicine the KNVB perspective*
Edwin Goedhart, sportarts, Bondsarts KNVB
- 14.25 *Chronobiologie en topsport*
Roelof Hut, professor Chronobiologie Rijksuniversiteit Groningen
- 14.50 *The road to the best team performance - Olympische Ervaring*
Lisa Wörner & Ilse Paulis, Nederlands Roeiteam Olympisch Roeien
- 15.15 Discussion
- 15.30 Intermission for coffee & tea**
- 16.00 *On to the Paralympics Paris 2024*
Esther Vergeer, chef de mission NOC NSF
- 16.20 *Can you buy the best team?*
Joost van der Hoek, clubarts & Stijn Vandenbroucke, hoofd medische staf Feyenoord Rotterdam
- 16.45 Discussion with the audience
- 17.00 Closing remarks & Drinks**